



RTO No: 40507



## Working Safely at Heights

This course provides both theoretical instruction and practical training for the use of methods, equipment and procedures for working at heights safely.

This training and assessment program focuses on the Hazards and Risks, associated with work tasks undertaken at heights greater than two (2) metres, and reviews for works under two (2) metres.

It is designed to establish a clear understanding in the legislative requirements for working at heights , also selection, selection and use of various plant and equipment, with high level attention to detail in the use of personal fall restraint and or fall arrest equipment, whilst working at heights.

**Course Code:** RIIWHS204E

**Recognition:** Nationally recognised unit of competence for works conducted on both domestic and commercial work sites through out Australia.

A Statement of Attainment is provided on successful conclusion of this course.

### Course Structure

This course contains (but is not limited to):

- \* OH&S / WHS Legislation, Regulation, Codes and Standards
- \* Reviewing Worksites and using Principles of Risk Management
- \* Measures for Controlling Risk
- \* Selection of appropriate equipment to reduce risk.
- \* Discuss MEWPS, Scaffolding Catch Nets and Catch Platforms
- \* Anchor Point, Harness and lanyard identification and selection
- \* Fitment and adjustment and use of Full body harness.
- \* Use and fit Anchor's Lifelines, and Harness equipment
- \* Equipment Inspection and Storage



**Course Duration:** Eight ( 8 ) Hours .

**Course Cost:** \$210.00 per participant.

**Course Location:** As advertised under the "Calendar" tab on the Active TEC website prior to course booking.

**Prerequisites/ Recommendations:** Students must present photo identification and Construction Induction Card. Basic Reading, Writing and Arithmetic skills are required ( English ).

Read the Active TEC "Student Participant Guide" on our website to obtain additional information about our services and requirements.

Make a **booking** on our website or

**Call Active**  
**PH: 0452 228483**